

"When we see a bigger mission than ourselves, we expand beyond ourselves. When our servitude encompasses all people in all lands, we become Ambassadors of this True Health Mission."



Message from Mr. Ohshiro

There's a reason you are here...

I knew my reason for being here more than 40 years ago, actually during one of the most challenging times of my life. I wasn't riding high on life and things were definitely NOT rosy in my world. I'd endured a very difficult transition in life, yet I was poised at the very edge of a great endeavor: Creating Enagic!

When we speak of reigniting our passion for a mission, we often get nostalgic. We look back, remembering that initial "umph" which put us on this path. We recall the good, the bad, and sometimes the really ugly moments of life which INCITED our passion.

What are YOUR recollections? What was transpiring in YOUR life when you entered Enagic and comparatively, WHO are you today, looking back?

Our initial passion to realize True Health is often much deeper than we might at first realize. Sure, we can appreciate the desire to be healthy, wealthy and surrounded by supportive team members, but what's DEEPER? What's at the very core of our initial passion?

I'll offer this as a possibility: EXPANSION of who we are as people. When we see a bigger mission than ourselves, we expand beyond ourselves. When our servitude encompasses all people in all lands, we become Ambassadors of this True Health Mission.

So ask yourself, what indeed is my PASSION and how can I expand beyond myself to ignite or REIGNITE that passion within others? How effective am I in explaining this message and what can I do to polish that message so it is more appealing to those outside of who I am?

I challenge you this month to look back, fondly smile and forge forward with YOUR original message of Changing Your Life. As a True Health Ambassador, let's join hands to expand our message to ALL people in ALL lands!

Happiness to you! Hironari Ohshiro





When starting a business, it is crucial that not only the one seeking opportunity is behind the idea, but their family as well.

Nothing compares to the power of a motivated and cohesive family unit, working together to achieve lofty goals and great successes. No more has this been shown than with the Verdera family. Romi Verdera leads the family unit with the rank of 6A12-6, followed by his wife Rosavilla at 6A2-3. His son Jason and wife Nellie hold the rank of 6A2-2. Though they now have an impressive Enagic empire, founded on hard work and family values, their journey began in 2006 from humble origins.

The family was living in New York at the time and was visited by a friend of thirty-nine years, Jayvee Pacifico. Jayvee came to them with water that he believed had the potential to change the world and Rosavilla immediately saw the potential. Despite having claimed bankruptcy and dealing with foreclosure at the time, Rosavilla along with her husband and fellow distributor Romi Verdara, made the decision to move forward with Enagic by sharing water and information to their family and friends.

Having little to no experience in sales, all Rosavilla could do was share water and information to spread word of Enagic and Kangen Water to anyone who would listen. She was skeptical about Kangen Water at the time, but that skepticism washed away as her family began telling her about the amazing benefits they'd received, thanks to the proper hydration Kangen Water had provided. The water had become more than a simple business opportunity, but a legitimate passion. This passion led to amazing opportunities for Rosavilla and Romi to travel the globe.

















They visited Guam, Canada, Florida, Europe and Asia and many more exotic locations to help reveal the power of Kangen Water and the Enagic Business. "It's so rare to find an opportunity that not only allows one to provide for their family, but also genuinely helps people achieve their dreams!" Rosavilla noticed a significant spike in success once her son Jason and his wife Nellie joined her team. Like two sleeping lions that had been roused for a hunt, they sprang into action and together helped create a successful business for themselves, and for their family as well.

As Romi and Rosavilla continued building, it became apparent to Jason that something truly unique was happening for all of them. He had seen his father make more money in the short amount of time he had been working with Enagic than he had made in twenty years through direct sales. It was this level of explosive success that led Jason and his wife Nellie to purchase their Enagic machine. They officially started their Enagic business in 2008. Though they had been working

on the business off and on, it wasn't until attending a global event in 2013 that Jason realized the amount of success he had yet to tap into. "It came as a shock how much potential there truly was with Enagic. It was honestly daunting to me at first, when I attended that global training in 2013. I saw so many massively successful individuals and realized that I was just as capable and could turn my business into something truly incredible!"

For the next six years, Jason and Nellie worked hard and eventually achieved their current rank of 6A2-2. Since then, they have experienced a vast change in their lives. What was once just a way to make a little extra money and pay off some debt, had become a revolutionary business. Enagic not only changed their lives for the better, but also allowed them to help more people then they ever could have imagined. They now seek to expand their reach internationally. They feel that with such an incredible product and the philosophy of True Health, it's only a matter of time until Enagic becomes a globally-recognized household name!

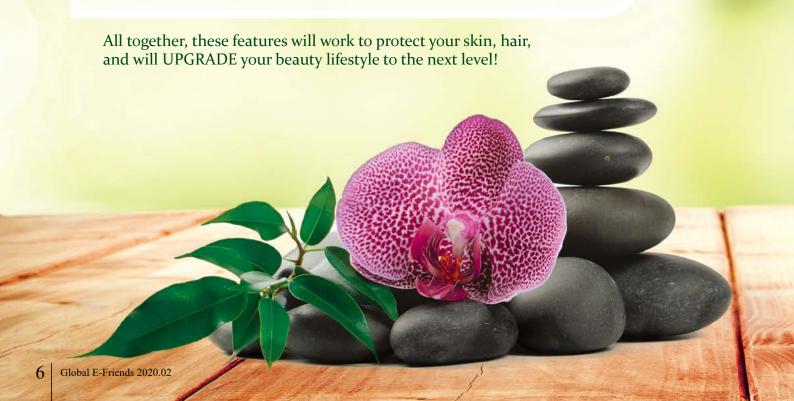




ANESPA DX

The Anespa DX is a redesigned version of the original Anespa, which has consistently been one of the best-selling products Enagic offers. In an ongoing effort to continuously reimagine and improve our products, the Anespa was sent to our research and development department, where it underwent great scrutiny and led to several important design changes. This new model features a larger ceramic cartridge, with an even greater amount of ceramic balls from the Futamata Radium Hot Springs and Chikutan.

- The ceramic balls from the Futamata Hot Springs contain Tufa, which metabolizes when hardened and provides a relaxing and therapeutic hot spring effect. In other words, your bath experience will feel like you're actually soaking at the Futamata Hot Springs, right in the comfort of your own home!
- The MIC stones within the ceramic balls are rich in minerals and help purify your water while absorbing toxic substances. These stones generate mildly alkaline water - which is beneficial for the
- The Chikutan Ceramic balls help to clean the air while generating strong negative-ions that provide a relaxing and soothing effect.
- Furthermore, the base has been redesigned for a more efficient filter replacement process.







Upon hearing the devastating news about the volcanic eruption, Enagic, having founded the company on helping their fellow man through True Health, was looking for a way to help mobilize a distributor task force led by 6A2, Leilani E. Lampitoc. The task force would visit the many places where displaced citizens had gathered in hopes of remaining safe from this cataclysmic natural disaster. These sites included, Tanauan, Nasugbu, Bauan, San Jose and Lipa City, Batangas.

The distributor relief group brought with

them plentiful supplies for those who were now in such desperate need of it. The bags of supplies held mats and blankets; slippers; personal hygienic items, such as feminine napkins, diapers, toothbrushes and toothpaste, soap and laundry detergent. When they delivered these crucial items, they also realized another unfortunate consequence of the eruption. The usual climate had shifted to a dry and hot one

were within the fourteen-kilometer danger zone.





















due to the mass of volcanic activity, thus creating an environment of dehydration for the people who had already gone through so much. It was for this reason that distributors also brought along with them water for every individual they could give it to, in hopes of counteracting any symptoms of dehydration these suffering survivors may have been facing.

The evacuees were elated with the donations, and a visible and emotional boost to moral was evident by the myriad of smiling faces that these desperately needed items created. When asked if she had anything to add, Lampitoc said, "We hope to encourage others to take action in times like these. We would like to give thanks to the people who made this mission

possible, Vice Mayor Herminigildo Trinidad Junior, Rotary Presidents Mr. Reggie Cervacio & Mr. Mark Halili, Tanauan Coordintors Jackie Rueda and John Kamal for their cash donations: Jayvee Pacifico and family for donating huge amounts of cash; and Enagic International CEO Mr. & Mrs. Ohshiro for the technology which creates Kangen Water and their message of True Health, which has helped inspire this endeavor; my family for the support during our busiest days packing goods and for driving us to the evacuation centers; my team for their undying support and to the media and police forces." Enagic thanks everyone involved for your selfless actions and wishes the best for the people affected by this disaster.







Branch News Thailand Vietnam Water Store

The foundation of Enagic is built upon many incredibly unique opportunities. To some, the opportunity to drink that amazing Kangen Water, which is produced only by Enagic devices, and to experience the power of health through hydration is enough for them. For others, the fantastic business opportunity provided by Enagic's direct distributor referral compensation program has brought not only improved hydration, but also an entirely new level of success and prosperity. However, there are some who have created even further potential for growth and success by doubling down and investing in themselves, as well as Enagic, by opening their own Kangen Water Store and creating a location for both prospects and distributors alike.

One such individual is Tran Thi Hoang Yen, a 6A2 from Vietnam who has gone through the red tape and come out the other side with a prospering water store called Kangen Hoan Nguyen. Originally, Mr. Dang Nguyen, a 6A2-5 had introduced the water to Hoang Yen in early 2015. After much diligent research and trying Kangen Water, the decision to purchase a machine in November of 2015 and to move forward with















Kangen Hoan Nguyen

68 Duong 30-4, P. Tan Thanh, Q. Tan Phu, Tp. HCM. Vietnam Open from 7:30am -6pm Monday through Saturday!

Enagic in a business capacity was made! It was Hoang Yen's belief that health is one of the keys to human happiness which initially inspired his business move. It was clear that Kangen Water was the best and cleanest water he could find, and it fit in perfectly with their idea of creating an idea world filled with healthy and happy people! Hoang Yen knew there was more to business than just ideals, and this is why they made sure to build their Enagic business on trust and transparency.

"The only ethical way to run a business is making sure to always act on your client's best interests. Don't beat around the bush; be open and honest,;and I'm sure people will appreciate and reciprocate that same level of honesty and respect." After four years of dedication and hard work, Hoang Yen, with the help of his entire team, managed to reach the rank of 6A in April of 2019.

It was at this point where Hoang Yen thought there could be more in regard to the opportunity Enagic had provided. Food and water contamination in Vietnam was, and is still, a major concern there. This reality prompted a decision that has changed the lives of so many in such a short amount of time.

In August of 2019, Kangen Hoan Nguyen was established in Ho Chi Minh City. It was designed to be a hub of good information and more importantly, good water. Since opening this Kangen shop, distributors in the area have found the information provided there extremely helpful in their efforts to spread Mr. Ohshiro's message of True Health. They have been able to provide quality Kangen Water to more people than ever before and love the feeling of being able to support local distributors and clients alike, in not only their business endeavors with Enagic, but also in their lives.







6A3-3 Jit Leong

Drawn To Enagic

The Best things in life are expected - because there were no expectations. Whether timing was odd or what a person has done as a career in the past was vastly different than where they are now, no one can tell what life may present to them. It is only important that a person is ready to accept opportunity when it arises. That is exactly what happened when distributor 6A3-3 Jit was introduced to Enagic and Kangen Water in early 2012.

Up until that point, Jit had made his living as a spectacular caricature artist. Eventually, opportunity came knocking in the form of the Enagic business, and Jit was immediately

captivated by the revolutionary product and the philosophy of True Health behind it. On May 7, 2016, he made his first step with his LeveLuk SD501 purchase and became a distributor. However, even purchasing the machine was not easy for him at that time due to his financial difficulties, and he

chose a twenty-month finance plan just to be able to afford it.

The first thing he felt and noticed upon receiving and using his new SD501 was the marvelous properties of effective hydration for him & his family. It was at this point that he had become completely convinced and motivated to spread the word of Kangen Water. Over the next two years, he worked diligently, no longer seeing Enagic as a side business, but the opportunity he had been looking for, that could truly revolutionize his life. In August of 2014, he achieved the much sought-after rank of 6A, but his growth would not stop there. Another two years later in June of 2016, he achieved the rank of 6A2 through sheer determination and force of will, all the while, being able to help make families happier through finances and health.













From here, his business truly took off and built up into a massive empire as he moved toward to the rank of 6A3-2 in October of 2017 and 6A3-3 in January of 2018. "Many people ask me what my plan was and how I got here. Well, I didn't do anything fancy. I am good in art, and do creative caricature work, but sales wasn't exactly my forte`. My secret to success was simply an unyielding desire to get more out of life. Whether it is the desire to support yourself or your family, or to help others in life, latch onto that desire. Let it fuel you, and you too will hold the same keys to success! I did it and it has brought me to where I am now!"

His initial goal upon starting his Enagic business was to hit the rank of 6A, which he has not only achieved, but superceded. What was once a lofty goal in his



mind is now his reality and this has inspired him to shoot even higher by continuing to spread Kangen Water and True Health to more people throughout the world!





Distributor Fundamentals

WHAT'S IN A NAME? THE TERMINOLOGY OF THE INDUSTRY

Most distributors have never been in the "water industry" before joining the ranks of Enagic. So much of the terminology associated with our industry and products is foreign to them. In order for our distributors to be able to provide the most consistent and accurate information, we have compiled a list of some terms and phrases specific to our industry and our company. We encourage you to familiarize yourself with these approved and recommended terms and use them when communicating with your prospects. Please be aware that some people in the industry use other terminology and, in some cases, have even created their own terms to describe different aspects of the industry. We recommend that Enagic distributors use the terms and phrases listed below when communicating with prospects.



We feel it is important to mention that success in Enagic is not contingent on a distributor becoming an "expert" in the formal terminology of water and water ionizers. However, based on decades of experience, we believe it is important for each distributor to at least become familiar with the basics, including our most widely and frequently used terminology. The following is a list of some of the most frequently used terms and phrases, and their definitions. The definitions listed below have been simplified in order to be easily understood and are only intended to provide general knowledge and basic understanding. People are often intimidated by very technical sounding terminology, so we recommend that distributors use terms which are more relatable and less technical.

CONTINUOUS IONIZED ELECTROLYSIS WATER GENERATOR

- This is the official name of the ionized water devices manufactured and sold by Enagic. While this is the official name of the product, it is often referred to as a "water machine" or simply as a "machine." For the sake of basic, day-to-day conversation, using the word "machine" is probably the most simple and effective way to refer to the product.

HANGEN WATER

-The term "Kangen" is Japanese, roughly translated to mean "return to origin." This term was specifically selected to represent the essence of the ionized alkaline water produced by Enagic machines. The term "Kangen Water" is the registered trademark of Enagic® and it is not permissible, by law, for any other ionizer brand to refer to or call the water produced by their machines by the name Kangen Water. Some people ask why Mr. Ohshiro insisted on going through the time, trouble and expense of trade marking the name of the water produced by our machine. The answer is very simple. Mr. Ohshiro is a student of business history and he knows based on countless examples, when your product is the best in the industry, you give it an identity. Of course, we could have saved money by simply referring to the water made by our machines by its technical name, "alkaline ionized water," but in order to give the quality of our water the respect and honor it deserves, it had to be given a name which would set it apart. While the trademarked term for the water produced by our machines is "Kangen Water," the official industry term for the type of water produced by our machines is "alkaline ionized water". This is the term we recommend distributors use if providing a more in-depth description of Kangen Water. For example: "Our machines produce Kangen Water, which is the best alkaline ionized water in the industry!" It should be noted that the word "Kangen" has more significance in Enagic than to just describe a type of water; this word is actually

part of a bigger Enagic philosophy. In the same spirit of a "return to origin," it is the concept of stripping away the things that keep us from arriving at a state of balance and harmony. Enagic actually promotes five different types of "Kangen": Bodily Constitution = Good Health, Fair & High Income = Good Earnings, Quick Return = Rapid Financial Reward, Appreciation / Compassion = Care of Self & Others and Societal Support = Care of the Community.

PH

- This is an acronym which stands for Power / Potential of Hydrogen, which is represented by a logarithmic scale, ranging from 0 - 14. In our industry, when we refer to "pH," it is typically regarding a beverage, like water or soda, and will have a reading of acidic, neutral or alkaline. The pH scale measurement is based on the amount of hydrogen ion (H+) activity in the liquid. A beverage is acidic, which is below 7 on the pH scale, when it has more free hydrogen activity, and alkaline, which is above 7 on the pH scale, when there is less free hydrogen activity. The letters of its name are derived from the absolute value of the power / potential (p) of the hydrogen ion concentration (H).

ALKALINE

- On the pH scale, any measurement above neutral (7.0 pH) is considered alkaline.

ACIDIC

- On the pH scale, any measurement below neutral (7.0 pH) is considered acidic.

ORP

- This is an acronym for Oxidation Reduction Potential, which is a measurement that determines if a beverage offers antioxidants, having a negative reading, such as -300; or if a beverage is an oxidant, which will have a positive reading, such as 300. This measurement is typically taken with an ORP Meter, which has been designed and calibrated to measure the ORP of liquids.

PLATES

- This refers to the metal plates that are found in the electrolysis chamber in a water ionizer. The plates are what conduct the electricity, with either a positive or negative charge, during the electrolysis process. The plates are one of the most important components of a machine, as they greatly influence the strength and longevity of the properties of ionized alkaline water. The size and amount of power surging through the plates are what create the properties, so larger plates with greater power are preferred.

ELECTROLYSIS / IONIZATION

- This is the process by which water is passed over negatively and positively charged plates and is physically split into two separate streams. The negatively charged water is alkaline and the positively charged water is acidic.

ELECTROLYSIS CHAMBER

- This is essentially the "engine" of a machine. It is where the source water comes in contact with the positively and negatively charged plates and is split into two separate streams of water. The actual size of the plates and the amount of electricity surging through them greatly influence the size and construction of the electrolysis chamber. Obviously, a more solid construction and larger size is needed for a water ionizer with bigger plates and more power. The K8 has one of the largest and most powerful electrolysis chambers of any water ionizer on the market. In fact, even the electrolysis chamber of the LeveLuk R, which is a basic starter unit with the smallest plate size and lowest power output of all the Enagic® water ionizers, is larger and better constructed than most of the electrolysis chambers of other brands.

These are probably the most widely used terms and phrases which represent the foundation of knowledge of water basics. Become familiar with these and other important terms and phrases along your journey as an independent distributor.

The Enagic Leveluk series of ionization devices utilize a unique type of power supply in order to

achieve the extreme range of power outputs required of these high-quality machines.

In order to continuously generate Kangen Water, Strong Kangen Water and Strong Acidic Water, the highest quality Japanese circuits and engineering is needed. So the engineering team of Enagic set out to create the most powerful and efficient power supply in the industry.

The power supply utilizes a high quality SMPS, Switch Mode Power Supply, which is used to stabilize the electrical current, regardless of input fluctuation, while providing precision power output control, and a metal oxide semiconductor field-effect transistor, MOSFET, which is used for amplifying or switching electronic signals. This combination increases efficiency, maximizes power output, reduces product weight and reduces the heat that a traditional transformer power supply would create.

One of the reasons SMPS is used in electronics is to stabilize current in areas where there is power fluctuation. This is not much of an issue in the United States, as the U.S. power grid is pretty stable, but the rest of the world can't say the same thing. When designing the power supply, the Enagic engineers developed the power supply to accommodate for the entire global market, not just the U.S. market, which is why our devices include this stabilizing technology.

Once the electricity has passed through the SMPS and MOSFET, it is sent to a small transformer, where the current it is converted to a linear type of power; creating an even, consistent flow of electricity. This stable flow of power ionizes the water, regardless of duration or the power necessary to create the selected water. The best way to explain this power supply is as a Hybrid; it's an SMPS with a Post Switch Transformer.

Another aspect of our design of the power supply which makes it unique is the sheer size of the heat sink, which helps cool the ionizer by absorbing and dissipating heat. Our heat sink is the size of the entire power supply, and when it comes to heat sinks, size really does matter. The more surface area that is available to dissipate the heat generated by continuously ionizing water, the better the performance of the ionizer. In simple terms, it helps keep the ionizer from overheating, which is a major problem for many of the other machines in the market.

So why not in the Leveluk R?

The LeveLuk R is not required to produce the huge range of power as the other units that make the Strong Acidic Water, so the greater capabilities of the hybrid power supply were simply not needed.

Summary:

Our machines use a hybrid of the highest quality components available, utilizing the two most recognized power supplies in the business, SMPS and transformers. And what does this really mean for our customers? That they get the best of both worlds and an ionizer that is designed to produce

the highest quality water in the industry.

Leveluk SD501 the true Continuous Kangen Water Generator.

Here are a few of the Key points about the machines:

- Our machines run longer and more consistently
- Our machines can produce Strong Acidic Water
- Our power supply utilizes highest quality Japanese circuits and components
- Our PCB board layout is done to maximize ionization and use of power
- Our power supply has one of the largest heat sinks in the industry
- Enagic is credited with ISO 13485
 Certification for manufacturing medical grade equipment

The Enagic LeveLuk series of machines offer the most advanced power supply available and our devices are the best available, which is why the Enagic products are known throughout the world as the "Gold Standard" of the industry.





Enagic is very fortunate to have distributor leaders with extensive experience in direct sales and the network industry from around the world. This article was created with input from these outstanding Enagic leaders, who have taken it upon themselves to share their knowledge with their fellow distributors.

It is said that if you are passionate about what you do for a living, you will never "work" a day in your life! If this is true, many Enagic Distributors will never work a day in their lives, because they are not only passionate about what they do, their whole business is BUILT on passion! And it's easy to understand why so many distributors become so passionate about the Enagic business. They are helping to spread True Health, which is something that just about anyone can get passionate about!! Here are a few tips and hints to help you turn your passion into profits as you build your Enagic business.

- 1. Work with other passionate people. Building your business is much easier with positive, like minded people, so always be on the lookout for passionate prospects!
- 2. Share your passion. Don't be afraid or embarrassed to let others know about your passion for Kangen Water and the Enagic business. Carry your water bottle ALL the time, and share information with others. You may just share something that changes a person's life!
- 3. Keep the passion alive. Don't let minor setbacks hinder your passion. Remember to look at the "big picture" and the things that attracted you to Kangen Water and the Enagic business.
- 4. Make "Fun" a priority. Being passionate about a business is much easier when you are having fun! Most distributors have a lot of fun in this business, so make sure you are always maintaining a healthy balance between the effort you are putting out and the amount of fun you are having!
- 5. Expand your passion. For most Distributors, the passion they have for Kangen Water and the Enagic business grows over time. The more positive experiences they have and the more lives they touch, the more success they enjoy and the greater their passion becomes!

We invite you to ignite your passion as you continue your journey as an Enagic independent distributor. Find what it is that inspires you and learn how Enagic can enhance that inspiration; then embrace what you have found and share it with the world. Once you discover your passion, anything is possible. It will become a driving force and, as it grows, it will eventually take on a life of its own by inspiring others to discover their own passion. Similar in nature to the Circle of Compassion, your passion in the Enagic business is circular and creates a loop of hope and possibility.

We must remember that a lot of people have lost their passion, or maybe have never found it to begin with, and that there are people without hope, who have forgotten how to dream; we need them and they need us. Bring them and their dreams into the world of Enagic with heartfelt passion and allow them to feel hope. Let them become one of the driving forces that propel the great tsunami of change to wash away the uncertainty of their past and forever alter their future for the better. Help them make the difference they were born to make; discover the success you were born to achieve and embrace the passion you were meant to share with the world!

Stories of Success

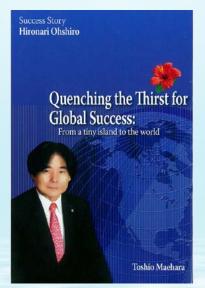
When Passion Speaks Louder Than Words

"One of our distributors, Eli Dafesh, describes his experiences with Enagic as follows: I fear my words will not do this incredible man the justice that he deserves and that no matter what I might say, it would fall short of truly explaining the honor and privilege it has been to know Mr. Ohshiro. But I was asked to make this contribution, so I will do my best. My first exposure to Enagic was in 2006, at an event on the Queen Mary in Long Beach, CA. Mr. Ohshiro was giving a presentation to a packed house, mainly of Japanese people. He gave his talk in Japanese, with an English interrupter doing his best to keep up with him. While I tried my best to listen to the English version of the information, I was captivated by the passion and conviction of the man speaking. Although I could not understand the language he was speaking, I understood every feeling he uttered. Any language barrier that may have existed at first crumbled and I quickly realized that this man, Hironari Ohshiro, and I were kindred spirits, men that shared a burning desire to succeed and to help others. I immediately knew I wanted to meet and work with this man.

When I first meet Mr. Ohshiro I had already been very successful in business. I had worked in the beauty salon industry for over 20 years and then had tried my hand in the network marketing / direct sales industry, where I became a one million dollarplus annual earner and a trainer. My experience had taught me to recognize opportunity and potential, but perhaps even more importantly, it taught me to recognize leadership. This is one area that is often lacking in traditional Network Marketing businesses. Making a lot of money and driving expensive cars and wearing flashy clothes and jewelry are not the signs of leadership. Instead, true leadership is often soft spoken and

subtle; it somehow finds its way through all the hype and the cheers. Mr. Ohshiro was the embodiment of leadership, which was one of the things that impressed me most about him. Once I got to know Mr. Ohshiro on a more personal level, he ended up being just as passionate, as driven, as committed as I had thought he was.

It is said that you can tell a lot about a man based on the way he treats his wife. If this is true, then Mr. Ohshiro would be a thoughtful, respectful, faithful and honorable man, which he is. They are an incredible couple, at each other's sides almost all of the time. It has been a pleasure to get to know both of them, and my wife, Jillina, and I consider Mr. & Mrs. Ohshiro as very dear friends.



My life, and the life of my family, has been impacted beyond words by working with Mr. Ohshiro. The incredible products and the unbelievable opportunity of Enagic have created a lifestyle that most cannot even comprehend. It has allowed us one of the most sought after assets available: freedom of time. Of course, we also enjoy a beautiful home and all the luxuries that come with financial success, but frankly, without freedom of time, everything else ends up being pretty insignificant. If you don't have time to enjoy the fruits of your labor with those you love, what is the point? This is a lesson that Mr. Ohshiro has embedded in my mind. Although

he has made vast fortunes, he lives very simply and is always looking for ways that he can help others. He has set an incredible example, worthy of being followed by anyone.

Mr Ohshiro has honored me and my family with your compassion, your wisdom, your generosity, your spirit and your love. To show my appreciation I have done my best to be a good husband, a good father, a good distributor, and a good mentor. I humbly thank you for the incredible opportunity you have created for me and so many others and the amazing good fortune you have bestowed on my entire family. Words cannot express the depth of my heartfelt thanks, but I hope you know how much I appreciate all you have done for me and my family."

Above is an excerpt from the book *Quenching the Thirst for Global Success*, the Success Story of Hironari Ohshiro. Toshio M. (2015)
It is filled with incredible lessons, motivational stories and the actions that were taken to create Enagic.
A must-read for distributors, it is available at www.enagic.com/shop
Also available in Chinese, Italian, French, Spanish and Japanese! Contact your local branch office for details.

Cooking with Kangen Having a Smooth February

From a spicy start to the day, to a great afternoon boost, or the perfect combination for concentration & brain health, smoothies are a quick and easy way to give your body that little extra you might need. And when you make your smoothies with Kangen Water, you get even more delicious flavor and hydrating power! We want the beginning of 2020 to start out smooth, so here are a few smoothie recipes to get you on the right track!





Spicy Morning Smoothie

Ingredients:

- 2 cups pineapple chunks
- 1 inch cube fresh peeled ginger
- 1/4 tsp. turmeric powder
- Pinch cayenne powder
- 1/2 banana cut into slices
- 3/4 cup coconut water
- 3/4 cup 9.5 pH Kangen Water
- Handful of ice cubes
- Extra Kangen Water to thin, if needed

Green Power Smoothie

Ingredients:

- 1 avocado pitted
- 1 medium pear cut into chunks
- 1 sprig fresh mint
- 1 1/2 cups raw spinach
- 1/2 cup coconut water
- 1/2 cup 9.5 pH Kangen Water
- Handful of ice cubes
- Extra Kangen Water to thin, if needed

Mind & Body Smoothie

Ingredients:

- 1 cup mango
- 1 cup blueberries
- 1/2 peeled red beet
- 1/2 tbsp. flax oil
- 1 cup unsweetened almond milk
- 1/2 cup 9.5 pH Kangen Water
- Handful of ice cubes
- Extra Kangen Water to thin, if needed

Directions:

Clean any fresh produce with 11.5 pH Cleansing Water, then with 2.5 pH Sanitizing Water, followed by a 9.5 pH Kangen Water rinse and then prep the rest of the ingredients.

Below is a helpful hint for each smoothie: Spicy Morning - make sure ginger is peeled.

Green Power - cut the avocado in half, remove the pit, then scoop out the fruit.

Mind & Body - make sure you peel the beet. If you don't have a great blender, feel free to roast the beet to soften. Combine all ingredients into a high-speed blender and blend until creamy.

Serve and enjoy!!

Love Healthy - Love Delicious!



Contests are subjected to change. For more information, please contact your corresponding branch.

Congratulations to each of you for your outstanding achievement!

December 2019 New 6A and Above Title Achievers

6A

JOAN A WEDD	Australia
CRYSTAL BAILEY	Australia
KELLY MOLLER #2	Australia
ALANA G PROBERT	Australia
VAN MANH TRAN	Australia
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AMIT KUMAR PANDEY	India	
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GAJENDRA KUMAR SAHU	India	
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NGUYEN VAN KHANG	Thailand
TONG CONG ANH	Thailand
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6A2

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6A2-2

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6A2-3

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