



ENAGIC GLOBAL E-FRIENDS

Vol
222
May
2019



*Book your tickets and get ready-
It's time for **CHANGE!***

Discover the Door to Your Freedom with Enagic!

“We had little food, but we had full hearts. We didn’t have money, but we were rich with love. We had sparse land, but we had an indestructible Castle of Family Kindness.”



Message *from* Mr. Ohshiro

A Mother's Love

I fondly recall my mother's guidance when I was young. My father had returned from the war and was infirmed in bed most of the time, so it was up to my mother and grandmother to raise me. We didn't have much, but my mother never made me feel "poor". Instead, she instilled in me a great appreciation for all things, even for the top leaves of a daikon plant (a Japanese radish that fed many of us during the harder times).

My mother also taught me the highest lesson of all; Care for Others. I often saw her give things away to people who I actually thought were better off than us! But this was her "spirit of giving", which is something I carry with me to this day. She taught me benevolence unto others and that's exactly what has bled into our motto here at Enagic: 情けの知らせ ("Nasake no Shirase" or "The Message of Compassion").

Our true mission in Enagic is to both infect... and to bless. But not to infect, like a disease, but more like the infectious nature of a hearty laugh. We infect the world with a loving kindness and open the door such that people can see the emancipation through the three aspects of health: mind / spirit, body and finance, which are the corner stones of True Health. It's incredibly simple... yet profoundly deep and rewarding.

But make no mistake. Without offering this kindness, the concern for others, the caring attitude, you'll miss the REAL mission of Enagic. So it is imperative that you remember my Mom's Lessons. We had little food, but we had full hearts. We didn't have money, but we were rich with love. We had sparse land, but we had an indestructible Castle of Family Kindness.

So, as Mother's Day greets us here in the beautiful month of May, let's recall our mother's love and guidance within our lives. Let's also spread that message to others. That maternal inclination to reach out a hand to those in need IS the very depth of our message here at Enagic.

In praise of all the Mothers,
Hironari Ohshiro



Turmeric SIGMA KANGEN UKONΣ™

**NATURE'S
OLDEST
HEALER AND
PROTECTOR**

**Detox, energize and strengthen
your body with the Kangen
UKONΣ turmeric supplements!**

The Enagic Kangen UKON is enriched with high quality essential oils, derived from Spring & Autumn Ukon (known as wild turmeric) and carefully distilled at the Enagic Ukon Factory. Our unique and effective specially-preserved Kangen Ukon is a must have for any health minded individual!





Made in Okinawa, Japan!



Branch News

FL, USA



Enagic is a company which prides itself on its ability to help others transform. Whether it's transforming one's health through proper hydration, or one's financial health through the amazing business opportunity Enagic has developed. No matter how it is done, it's clear that giving people the opportunity to change their lives is very important to the core principles Enagic holds and to Mr. Ohshiro's message of True Health.

As a result of Enagic's desire to give these opportunities for transformation, the Florida branch office in Orlando made the decision to remodel the office in hopes of better serving Enagic distributors and customers. While the office had been extremely efficient as it was, the staff began identifying small improvements which could greatly benefit not only themselves, but also the distributors in Florida. Yudi Diaz, the Manager of the Florida Branch office, compiled the many ideas the staff had in regards to office improvements and aesthetic choices which could benefit the office. As it turns out, a talented staff comes up with fantastic ideas. There were far too many good ideas to not take quick and decisive action, which led to the remodeling, which is currently still under way.

The hard work of the staff, Tara Hemmings, the supervisor, David Adorno, a technician, Daniel Rivera, and Keyshla Torres has not gone unnoticed. As a result of their effort, the Florida branch office is now set to rise from the ashes of its former self as a wondrous phoenix! It's the

hope of both the branch staff and all of Enagic that these improvements make conducting business more enjoyable and comfortable for anyone who visits the Florida branch.

When asked about the changes to come, Yudi Diaz, the office manager said, "I'm so excited for what's to come. Not just for us here at the branch, but for those who visit us all the time. We always strive to provide the best experience possible, whether it's serving distributors or customers. With these improvements, I'm sure we will be able to provide an even better environment for prosperity and success!" The future is bright for the Florida branch office, as everyone looks forward to be able to spread the message of True Health in this wonderfully renovated Enagic office.



Branch News

Thailand



Sharing a border with Laos, Thailand and Vietnam, Cambodia is no stranger to cultural exchange. Cambodia is home to the legendary monument Angkor Wat, an ancient temple which attracts tourists from all over the globe. Being such a bustling country, filled with cultural diversity, it is no surprise that Enagic and Mr. Ohshiro's philosophy of True Health has found its way into the lives of those in Cambodia.



In an effort to help the distributors in that area, a Kangen Water Seminar was held on April 20th, led by top Enagic leader 6A3-5 Gary Gan. Over 120 distributors were eager to learn and receive training which would help them succeed on an even higher level. The event opened with an eloquent address by the Thailand branch manager, Mr. Tanaka, who started off on a high note with an inspirational speech that brought the crowd to their feet. Gary Gan then took the stage and continued the excitement that Mr. Tanaka had built up.



Mr. Gan also taught them how to better utilize their time and efforts in order to become massively successful in their Enagic business. His seminar was both inspiring and educational.

The energy in the air was palpable as distributors were filled with enthusiasm brought on by the excitement of the seminar. The event was brought to a climactic close with a raffle draw and a unified cheer of the new slogan they had picked up, "Achieve 100 Cambodian Monthly Sales!" With passions set ablaze, Cambodia and the surrounding regions are poised to spread the amazing benefits of Kangen Water and True Health to even more people.



He took those in attendance on a mental journey through his experiences with Enagic, including his personal use of the water and the effect it had on both him and his family.





Kangen Restaurant China

The restaurant industry is one of the most competitive industries in the world. Every serious chef and restaurateur constantly look out for something which will give them an advantage, help them stand out from the pack and make a major impact in the culinary world. For one restaurant in Shenzhen, Guangdong, China, the advantage they have discovered is Kangen Water.

Chinese food restaurant, Qi Ye Qingtangnan (Shenzhen HQ): 七爺清湯腩 (深圳總店), has recently installed not only an SD501, but a Super501 as well. The owners are brother-and-sister-in-law to Enagic distributor and Hong Kong top leader, Kenneth Wong, so it was only natural they had been exposed to the many benefits of using Kangen Water, especially in cooking. Initially, they had only intended to purchase a single machine, but it soon became apparent that one machine simply wouldn't cut it. Since the inclusion of their SD501 machine, they have noticed not only an increase in customers, but a decrease in ingredient use due to the powerful hydration properties of Kangen Water.

At this point, it became clear that the need for more of this delicious and incredible water needed to become a top priority. As a result of this, they purchased their second machine, a Super 501, in hopes of meeting their newfound

need for Kangen Water. "Our food has never tasted better, and we have the earnings to prove it. I, myself, was astounded when I tasted our regular dishes with nothing different but the water used to make it. The flavor was incredible and I could tell we had found something truly amazing!"

Should you find yourself in the Shenzhen, Guangdong region of China, Qi Ye Qingtangnan (Shenzhen HQ): 七爺清湯腩 (深圳總店) may be the restaurant for you. The staff and locals recommend a Chinese noodle soup made with beef and burdock, which has been made even better with the addition of Kangen Water. While most restaurants in this situation would be hesitant to reveal their "secret sauce," they see no problem with it. At the end of the day, these respected and talented business owners have two goals in mind: providing the best food possible for their customers, and spreading the message of True Health one delicious dish at a time.



Branch News

Italy



When you think of Italy, you may envision heaping piles of delicious pasta dishes or the numerous historical landmarks, like the Coliseum or the Leaning Tower of Pisa. What might not come to mind is the massive Filipino community which makes up a large portion of Rome's populace. Rome is home to almost two hundred thousand Filipino residents, and some of them, along with other Italian residents, have joined in the Enagic mission to spread True Health. If you're a distributor, then you probably know how dedicated and hard working the Filipino people are and that some of the top distributors in Enagic are either from the Philippines or are of Filipino descent. Well, some of these amazing people have spread their influence to family and friends abroad in Italy.

As these distributor teams have grown and become more prominent, leaders recognized that distributor training was needed in order to help the distributors maximize their efforts and catapult themselves into even greater success. On April 9th, an inspiring distributor seminar was held at the Enagic Rome office, hosted by 6A 4-4 and prominent Filipino distributor JC Lim. Lim has always been the type to spot potential from a mile away, and with Italy on the rise, he knew he had to make the journey from the Philippines, all the way to Italy, to share his wisdom with the successful distributors of the area.

Lim shared his experiences with Enagic, including the effect proper hydration has had on him and others, and his

business strategies and techniques. Those in attendance were ecstatic about the new information and could not wait to put it into action. JC Lim was very satisfied with the turnout and said, "I'm so glad so many of my Filipino brothers and sisters were there, along with all the other amazing Italian distributors. I've been in this business for a long time now, and I consider myself adept at recognizing potential. It was clear to me that those who attended had a real dedication not only to themselves, but to Enagic and Mr. Ohshiro's message of True Health. I flew out from the Philippines hoping to inspire the wonderful people in Italy, but, by the time I was done, it was me who walked away even more inspired and I plan to turn that inspiration into action. What a truly magical experience!"





Branch News

Singapore

THE MARK OF ASSURANCE FOR CONSUMERS

It means that the business has

- Consumer-friendly policies
- ethical advertising practices



2019 has been a busy year for Enagic in Singapore. In an effort to get started on the right foot, Enagic Singapore held a special event called Yu Sheng. It is tradition to eat Yu Sheng, a Lo Hei – Cantonese style raw fish salad, during Chinese New Year, as its seen as a sign of good luck. It is common place for the Chinese residents in Singapore to partake in this traditional meal, and the 6A 2-3s and above wanted to share this tradition with the Enagic Singapore staff.

The time was set, and the distributors and staff gathered for a feast, to not only ring in the Chinese New Year, but to increase the sense of camaraderie between the distributor leaders and Enagic staff. The staff members



were honored to be part of this yearly tradition and felt it not only helped them bond with the distributors, but was also a fantastic way to start this Year of the Pig, according to the Chinese zodiac. The hustle and bustle didn't stop there though.

Less than a month later, Enagic Singapore was awarded the Case-Trust-DSAS Joint Accreditation for Direct Selling Businesses for Good Business Practices. The certification was awarded by the Consumers Association of Singapore, or CASE, and the Direct Sales Association of Singapore, DSAS. This high honor recognizes that Enagic Singapore is not only



a frontrunner in their industry, but it also shows that they are a company to be trusted by the masses. With this accreditation, Enagic Singapore can move forward with more confidence than ever, continuing to provide amazing support and service to distributors and consumers alike with a renewed vigor!



Of course, in the spirit of good business, Enagic Singapore was determined to keep the ball rolling and immediately started planning their next big event. On April 24th, Mr. Takumi Nagaoka, an Enagic 8 Prosperity Association staff member, was invited to conduct an E8PA seminar and help distributors learn about the incredible benefits the E8PA has to offer to distributors. Distributors flocked to the Enagic Singapore office and were excited to hear about the amazing opportunities the E8PA could provide. Mr. Nagaoka went over the purpose of the E8PA and the main goals behind establishing it, the benefits of membership, the current and new E8PA facilities, member prices for E8PA card holders, the new E8PA IT solutions, the different types of E8PA membership cards, the E-point system and the E8PA commission system. He ended the event with a lively Q&A session. After

hearing all of the wonderful things distributors could gain by joining the E8PA, it was no surprise that the room was abuzz with excitement. Some now had a goal set, to be successful enough in Enagic to purchase the highest level of membership with the E8PA. Others made a move immediately and signed up on the spot, realizing the multitude of benefits that would become available to them upon joining.

Mr. Nagaoka was very pleased with the crowd's receptiveness to the E8PA and was excited for what these new members were going to be able to achieve with their new memberships. "It fills me with great joy to be able to inform distributors about the benefits of the E8PA. Being a staff member for the Association, I am fully aware of the many things designed to help distributors realize their dreams of success and I can't wait to see what these talented distributors do with these unbelievable perks. Congratulations to our new members, and I look forward to even more new members joining in the future!"





IT Solution Case Study: A Distributor Essential

The Enagic 8 Prosperity Association is much more than just amazing amenities, like having access to lush golf courses, a soothing mineral spa or rolling a few enjoyable frames at the Enagic bowling alley. Membership also provides discounts on participation fees for global meetings and conventions, as well as official seminars. While these and all the other amenities available with E8PA membership are great, there are also programs within the E8PA specifically designed to provide each distributor with access to comprehensive business building information and data.

Until recently, the majority of this information was reserved for access and review directly by the company, but Mr. Ohshiro realized that access to this vital information would allow distributors an in-depth analysis of their business, so he instructed the Enagic IT department to create a way for distributors to gain access to this important data. As independent distributors, the dealings of each distributor are ultimately the responsibility of each individual or business entity, not Enagic; however, Mr. Ohshiro understands that as a distributor's team grows, it becomes more and more difficult to know everything that is happening. This is what inspired the E8PA IT Solution program.

The E8PA IT Solution program has many different facets. There is the DSP: Distributor Support Portal; the DSS: Distributor Support Service; the DGS: the Distributor Genealogy Solution; and the EPS: the E-Point Solution. You can accumulate points based on personal and group sales, and redeem them for travel expenses for trips to visit Enagic facilities in Okinawa and Osaka; or to attend Enagic Global Conventions and meetings worldwide. The E8PA Email Service allows participating distributors to receive email notifications of expected commission payments. When combined, the generated reports of each of these different aspects of your business are able to provide a comprehensive look at the business growth and development.

Recently, Enagic received feedback from a very active E8PA Member, 6A5-3 Kazuo Sakita, from Spain, whose feedback was used to create a "Case Study" of how the program is being used in a real-world application. Here is what a top global distributor leader had to say about the E8PA program.

"To me, this tool is a fundamental resource in order to supervise my organizational growth. Also, it is perfect to check if the leaders are performing well, or if they are facing difficulties. Access to this vital information allows me to identify areas where more direct help or attention is needed. In this business, almost all active distributors are motivated, but we still need to have numbers and details, so the E8PA tools are crucial to follow them up.

Using the DSS (Distributor Support Service) has helped me check the development of all the 6A2 distributors in my team, individually! We know it's very motivating to receive monthly/quarterly bonus checks, so by using this tool, I am able to clearly visualize their production and compare with data from the previous month. This allows me to very accurately gauge the amount of the next bonus. I call it the "precision tool", since the numbers are precise, allowing me to better understand how they are doing and if they need help. It lets me know if I need to perform trainings weekly or every 2 weeks. I can also evaluate if the distributor training has had positive results, so I use it often.

I would like to complement Enagic for the Distributor Genealogy Solution option. It's very important to be able to visualize our entire group when developing a sales team, and with DGS, I can easily check ranks and numbers for the whole team- it's amazing! The Bubble Tree helps us detect areas within the group which need our attention and find distributors who are close to achieving new ranks, so I can encourage them use it daily and I follow up with all of my organization.

I believe the E8PA IT Solution should be used by all distributors. It is a tool which provides access to the most important information needed to effectively monitor and grow your Enagic business. With this level of informational support, distributors are able to achieve their goals much easier, because they can actually see what is happening in their business on a daily basis!"

Enagic would like to thank E8PA member, Mr. Sakita, for sharing his insight and opinions about the E8PA IT Solution. Every distributor serious about success with Enagic should consider E8PA membership. Contact your local leader or visit the E8PA website to find out what this amazing program has in store for you!



Get your E8PA Card!



✓ Earn E-points

from your own membership, plus, when your downline joins, and from 8-point sales. (ex. KW device, Ukon)

✓ Discounted participation fee

for Global Meetings and official Seminars
BLACK FREE, **PLATINUM 80% Off**, **GOLD 60% Off**,
SILVER 40% Off, **BRONZE 20% Off**, **CRYSTAL 10% Off**



✓ Use E-points

for travel expenses, including family members and/or your downline team when going to Enagic events.

✓ E8PA Email Service

Receive notifications when you have expected commission!



✓ Online Genealogy

A powerful information tool to get a perspective on how to further expand your organization and to best BUILD & INCREASE your Enagic Family. Get a FULL GRASP of how your group is growing!

→ <https://information.enagic.com/mypage>

Scan to access the Distributor Support Portal!





Fun in the Sun in Beautiful San Diego, CA

Next month, distributors from all over the world will travel to San Diego, California, USA to attend the highly anticipated Enagic 45th Anniversary Celebration and Distributor Convention. While they are in this beautiful tourist destination many of them will gather at one of the newest additions to the ever expanding and growing benefits of E8PA membership, the EastLake Country Club.

Only a month away from Enagic's 45th Anniversary San Diego Convention!

We hope you and your teams are getting excited for the most epic event in the history of Enagic.

Sign up now for the Enagic Eastlake Open Tournament and facility tour on June 20th, 2019. There will be plenty of fun for everyone!

Free round trip bus transportation to and from event hotels and the Eastlake Country Club will be provided. Lunch will also be provided for those that have registered.

We are receiving many registrations; seats are limited and going fast. Get yours today before it is too late!

		E8PA Member	General Tickets
	Golf		\$69
	Putter Golf	FREE!	\$49
	Facility Tour		\$29
		Children 3 and under	Kids ages 4 to 12
Golf		N/A	N/A
Putter Golf		N/A	\$25
Facility Tour		FREE!	\$15



Enagic 45th Anniversary

Enagic's Biggest Event Ever!

Enagic is hosting its Corporate 45th Sapphire Anniversary at the San Diego Convention Center on June 21st and 22nd, 2019.

This event will host two high-profile Keynote Speakers that will be sure to motivate you and help grow your business in networking marketing.

At this event, our theme is "Change", and you will most definitely experience a positive change after attending our biggest event ever!!

We have reserved 4 great hotels in San Diego for you to stay at with Enagic's special low rate for your convenience.

We look forward to seeing you there.

Scan QRcode and Register Now!!



45th OF COMPASSION

SAPPHIRE Anniversary

Special Keynote Speakers

Chris Gardner
The author of the book and 2006 motion picture "The Pursuit of Happyness" he was portrayed by Will Smith in the movie.

Enagic CEO Hironari Ohshiro

Special Keynote Speakers

Kyle Maynard
First quadruple amputee to ascend Mount Kilimanjaro without the aid of prosthetics. The author of the book "No Excuses"

Enagic **CHANGE**

Discover the Door to Your Freedom with Enagic!

June 21st & 22nd, 2019

SAN DIEGO CONVENTION CENTER

All tickets are non-refundable	
EBPA Member	Non-EBPA Members
Regular: \$169	Regular: \$189
On-site: \$189	On-site: \$209

Children's Tickets
(Available online ONLY)
Children 3 and under: Free
Kids ages 4 to 12: \$99
13 and older: Full Price

Evening Party @ parq

→ <https://www.enagic-convention.com/201906>



ENAGIC COMPLIANCE

OFFICIAL REMINDER

Enagic would like to officially remind everyone that the **ONLY** "Enagic Approved" marketing system is the official Enagic Web System also known as EWS. No other system is Enagic Compliant or approved. *Every distributor has signed the Policy and Procedures which clearly states EWS as the only approved online marketing system.*

All distributors regardless of rank and position in the company are required to follow and abide by the Policy and Procedures. Any distributor found to be falsely marketing any "system" as Enagic approved will be disciplined immediately via the Enagic Compliance team. Discipline can range from a warning, suspension, and up to and including termination of all Enagic distributor rights.

We understand the digital and online marketing world is vast and fast, however we must be wary and approach it while remaining compliant. The rules are in place to ensure that everyone's future with Enagic can continue to grow for years to come.

Any leaders or distributors with current or outstanding compliance issues may not be recognized at any Enagic sponsored event.

We greatly appreciate your understanding and cooperation.

WITH OUR WARMEST REGARDS,

ENAGIC GLOBAL COMPLIANCE

Q1
2019

COMPLIANCE
ACTIVITY REPORT

- Removed 15 trademark violating Google ads by competitors.
- Sent 35 warnings for violating the Policies and Procedures.
- 54 terminations Issued.
- Shut down 5 noncompliant websites.
- Sent numerous Social Media post related warnings in regards to Income/Medical claims.

ENAGIC[®] 2019

GLOBAL SALES PRODUCTION CONTEST

Our top-tier leadership ranks (6A2-3 thru 6A2-6) are the spot YOU need to be! These are the ranks where GLOBAL production is key!

For 2019, Enagic will rank each of our 6A2-3 and above distributors monthly to discover WHO indeed is the **TOP GLOBAL PRODUCER!**

VOLUME MODIFIERS

6A2-3 X8

6A2-4 X4

6A2-5 X2

6A2-6 X1

PLACE MONTHLY AWARD

1ST US \$20,000

2ND US \$18,000

3RD US \$17,000

4TH US \$16,000

5TH US \$15,000

6TH US \$14,000

7TH US \$13,000

8TH US \$12,000

EFFECTIVE JANUARY 1, 2019 - DECEMBER 31, 2019

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For Rules, Interim Results & Winners:

<http://enagic.co.jp/distributor/programs/2019contest/summary/>





Road to 6A

Protecting the Future

Enagic is very fortunate to have distributor leaders with extensive experience in direct sales and the network industry. These people have taken it upon themselves to share their knowledge with their fellow distributors. This article was created with input from outstanding Enagic leaders from around the world.

Many distributor leaders talk about “Protecting the Ship”, which simply put, means that distributors are not engaging in any activities or saying or doing anything which could be harmful to the company. If you are serious about building an ongoing, thriving business as an Enagic Distributor, it is important that you take personal responsibility to protect Enagic. This is self-serving, because you will also be protecting your own Enagic independent business. Participants in the Enagic independent distributorship program are permitted to market their business as they please, but that does not mean that there are not guidelines they must follow. While distributors are free to decide how they build their business, there are rules and regulations regarding things they are allowed and not allowed to do. These include rules set forth directly by Enagic, as well as rules to ensure compliance with state and federal laws and regulations. These rules have been put into place to protect ALL parties involved in the purchase process, including the company, the buyer and the selling distributor. Every distributor should read and understand the entire Enagic Policy & Procedures manual and follow the rules. Violations of any of these rules and regulations may lead to disciplinary action, including termination of the distributorship, so knowing and following the rules is extremely important.

Two of the biggest and most serious threats to the future of Enagic are medical / health claims and income claims being made by Enagic distributors.

Because of rules and regulations set forth by the FDA, the FTC and other federal and state agencies, medical claims may lead to BIG problems for the company. And income claims, also known as an “enticement”, meaning that a person is being told about money someone else has earned in an attempt to entice them into becoming a distributor, are just as bad. Following these important rules should be practiced and taught by every Enagic distributor.

1. DO NOT make Health Claims. It is extremely important that every Enagic distributor understands that, because of legal regulations, distributors are not permitted to state or imply that our products are intended to diagnose, treat, cure, or prevent any disease. This includes, but is not limited to, providing advice on health related questions on social media posts, giving people “treatment protocols” or giving medical advice, unless, of course, you are a licensed medical professional who is authorized to give such advice. Otherwise, doing these things is strictly prohibited. Below are a few specific terms or phrases which are not permitted:

- a. NO “Cure”
- b. NO “Miracle”
- c. NO “Treats”
- d. NO “Diagnose”
- e. NO “Prevent”

2. DO NOT Make Income Claims. It is extremely important that every Enagic distributor understands that, because of legal regulations, distributors are not permitted to state or imply that any person will earn money as an Enagic distributor. Every distributor should clearly understand that success, in this or any other business venture, depends upon the amount of time, effort and work which are invested. Please also note that the results and successes achieved by others are in no way indicative of the results that a



person may or may not achieve, and that no promise, guarantee or warranty of any kind can be given in respect of individual earnings or level of success. The results of others do not in any way predict the results that another person may achieve. Below are a few examples of prohibited activities and actions:

- a. **NO Promises / Guarantees / Assurances of Income**
- b. **NO Check Waving**
- c. **NO Posting of Checks on Social Media (like Facebook)**
- d. **NOTHING THAT MAY PUT THE COMPANY IN JEOPARDY** Income claims, such as telling someone that they should become a distributor because of all the money THEY will make, is not only immoral, because you do not know if that person will ever make any money (and if they don't, what you told them was a lie); but it is also illegal, which is why this is a **VERY DANGEROUS practice. DO NOT DO IT!**

While it may be tempting for a distributor, especially a new one, to talk about how the water helped this or the water helped that, or how much money so-and-so made, doing so can put the company in serious jeopardy. Making medical / health claims or income claims is VERY serious and represents the easiest way for the entire business opportunity to come to a screeching halt.

The Enagic Policies & Procedures clearly states that distributors are not permitted to make medical / health claims or income claims, but, unfortunately, this only offers the company a small amount of protection. Because the Enagic distributors are "Authorized" representatives, ultimately the company

would bear the majority of the consequences should a distributor make a medical / health claim or income claim, which could include the discontinuation of the distributorship opportunity for everyone.

However, if every distributor takes personal responsibility to ensure that no medical / health claims or income claims are made, then this potential problem becomes a non-issue. That is why it is important that if you know of or hear of a distributor making any such claims you should talk to them and explain that by breaking these important rules they are putting the business at risk for not only themselves, but for you and for every other distributor. And it doesn't matter how it is being done; in person, at a meeting, on a social media post; it doesn't matter how or where it is done, NONE of it is allowed! If it persists, you should immediately inform the Enagic Compliance Department so they can address the issue.

Protecting the future of Enagic comes down to distributors following the rules and making a commitment to not allow anyone, including themselves, to put this amazing business opportunity at risk. If you are not sure if something you are planning to say or post might be considered a medical / health claim or an income claim, or if it seems at all questionable, it is much better to err on the side of caution and simply DO NOT DO IT!!! In order for the Enagic Independent Distributor business opportunity to continue to be available, distributors must protect it. As an Enagic distributor the easiest way to accomplish this is to simply follow the rules; meaning every distributor commits to not do anything which may jeopardize this opportunity. This also means making sure that team members and fellow distributors are also following the distributorship guidelines. This incredible opportunity can benefit the company and the distributors for decades to come, but only if distributors follow the clearly stated rules of the Policies & Procedures and commit to protecting the business. Simply stated: Protect the Ship!

Stories of Success

A Mother's Lesson of Compassion

"Okinawa, back when? The Okinawa of 50 to 60 years ago, the Okinawa of the 1950s and 1960s. Back when the islands of Okinawa, some 400 miles from the southern coast of mainland Japan, were still desperately poor. Back when the prefecture was struggling with a complex web of problems. Okinawans of my age are all survivors of this period of poverty and of difficulty. Some of us buckled in the face of the struggle, while for others, it was the very struggle that drove them to strive for success. Some of us lost our way among this tangle of difficulties, while for others, it was this very complexity that allowed them to unravel the knots and find the right path. For some people, being poor is the catalyst they need to strive for success. Others are happy if they can manage to keep things as they already are. People are free to decide which path to take in life, and to follow that path whatever it might be. And being born poor is nothing to be ashamed of; there is no correlation between poverty and immorality. In the same way that being wealthy is no indication of greatness.

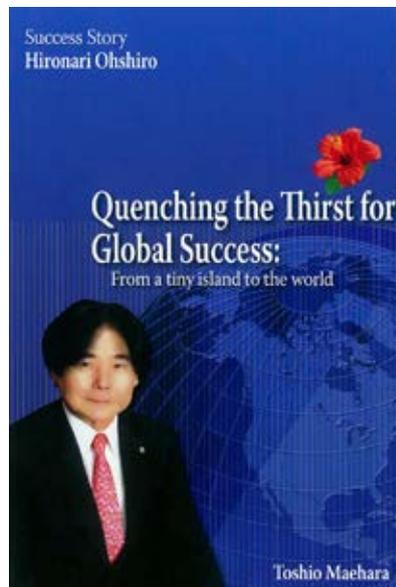
Faced with a high mountain, there will be some who long to climb it. Others will fear the height and walk around the mountain. Still others will choose to avoid it, despite being quite capable of conquering the peak. The person I will introduce in this book is someone who will seek to climb any mountain before him, no matter how high it soars. And even if he does not quite reach the top, he will not give up. He will try again, over and over.

All of us have the same roots. None of us were born without a father and a mother. Our roots are important. It is from these roots that the plant grows, forming shoots, spreading out stalks, stretching them into branches. It is on these branches that fruit ripens and the blossoms open. But roots alone are not enough to grow fruit. It is a sad truth that many

plants and flowers will wither before they ever bear fruit.

The love of a mother towards her child is of utmost importance, as the tale "Mother Meng's Three Moves" from ancient China tells us; Mother Meng, mother of the Chinese philosopher Mencius, moved her household twice in order to ensure her son was brought up in the best possible environment, only settling once she had found a home next to a school. Mothers look ahead to

their children's futures, using different objects and different methods to teach their children about what is important in life. Ohshiro's mother taught him much about how showing compassion to others would mean that, one day, others would show compassion to him. Okinawans—we call ourselves Uchinanchu—are often described as being friendly and compassionate. Perhaps these are characteristics shared by many people from Okinawa. Some people who are forced to walk a difficult path will naturally wish for companions on that road. Others will keep their troubles to themselves, seeking only happiness for others. Perhaps it is the case that the spirit of the Uchinanchu places the greatest weight on showing compassion to others.



This book is about a man who, when faced with a mountain, has only demonstrated an iron will to climb it. He is powered by that particular brand of compassion unique to Okinawa, a compassion that now allows him to travel around the world without stopping. And he and I can only look upon Okinawa as it is today with amazement, as we compare it to the Okinawa we knew, back then."

Copies of this inspiring and insightful book are available on the Enagic website and at Enagic offices and make an excellent gift for any new or seasoned distributor!

Above is an excerpt from the book **Quenching the Thirst for Global Success**, the Success Story of Hironari Ohshiro. It is filled with incredible lessons, motivational stories and the actions that were taken to create Enagic.

A must - read for distributors, it is available at www.enagic.com/shop

Also available in Chinese, Italian, French and Spanish! Contact your local branch office for details.

Cooking with Kangen

Skillet Parmesan

Spinach-Artichoke Pasta

It can be hard coming up with a way to show Mom that extra bit of appreciation, but nothing says "I love you," like a delicious home cooked meal. This delicious recipe should put a smile on Mom's face, and leave everyone who enjoys it, very satisfied.



Ingredients:

- 1 lb. spaghetti or preferred pasta noodles
- 1 tbsp. extra-virgin olive oil
- 4 garlic cloves, minced
- 1/2 cup chicken broth or vegetable broth
- 1/4 cup 9.5 pH Kangen Water
- 4 oz. cream cheese, softened
- 1 lb. baby spinach (about 12 cups)
- Kosher salt
- Freshly ground black pepper
- 2 (14-oz.) cans / jars artichoke hearts, drained and quartered
- 2 tbsp. fresh lemon juice
- 1/4 cup freshly grated Parmesan, plus more for serving
- 9.5 pH Kangen Water
- 5.5 pH Beauty Water
- 2.5 pH Sanitizing Water
- 11.5 pH Cleansing Water



Directions

1. Bring a large pot of salted Beauty Water to a boil. Then carefully add your spaghetti noodles into the pot. Once cooked, drain your pasta, but save 1 cup of the pasta water. Set aside and let the noodles cool. Note: The Beauty Water provides the best result when it comes to making the perfect al dente pasta.
2. While the pasta cools, heat your oil in a large skillet over medium heat. Add the minced garlic cloves to the oil. Continue cooking and stirring until fragrant, which takes about 30 seconds. Add the broth, the 9.5 pH Kangen Water and cream cheese and cook, stirring, until the cheese is melty and the mixture comes to a boil.
3. Thoroughly rinse the baby spinach in the 11.5 pH Cleansing Water, followed by a 60 second soak in the 2.5 pH Sanitizing Water. Rinse a final time with 9.5 pH Kangen Water, then shake dry.
4. Increase the heat on your skillet to high and add in the spinach. Season with the salt and pepper and cook the spinach until it has wilted, or about 2 minutes. Add in the artichokes, cooked spaghetti, and the reserved pasta water and toss until the sauce thickens.
5. Remove from heat and stir in the lemon juice and Parmesan.
6. Finish it all off with one last sprinkle of Parmesan on top to give it that last bit of cheesy excellence!
7. Cover and simmer on low until spinach wilts, than stir ingredients and serve. Salt and pepper to taste.

NOTE: For an even heartier dish, add 1 lb. of boneless grilled chicken during step 4 of the directions.

We hope this recipe not only provides a delicious meal for you, but also leaves Mom feeling truly special this Mother's Day!

Live Healthy - Live Delicious!



Congratulations to each of you for your outstanding achievement!

March 2019 New 6A and Above Title Achievers

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